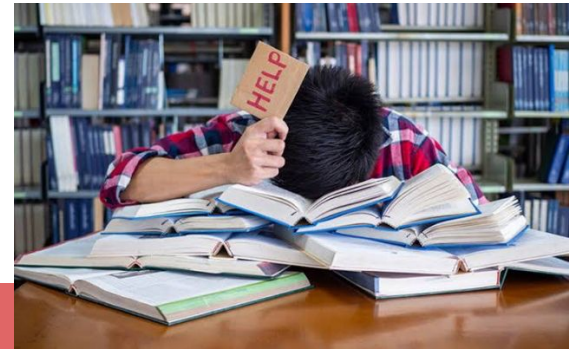
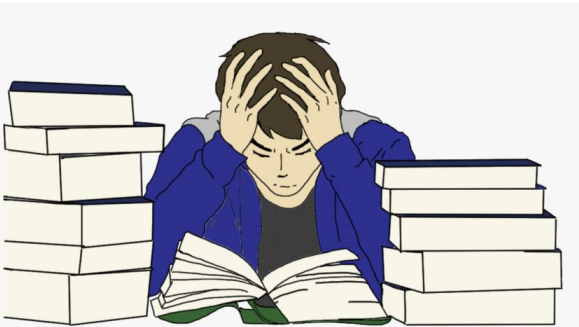




What to do if you are struggling?

11785 Spring 23: Recitation 0I

Aparajith Srinivasan





It's totally okay to struggle or feel overwhelmed.



It's totally okay to struggle or feel overwhelmed.

The course has a lot of work and will be hectic at times. Every student irrespective of the background feels overwhelmed. You just need to put in sincere effort from your side.



Outline

- Struggling with *Lectures/Quizzes*
- Struggling with *Homework*
- Struggling with the *Project*
- Overwhelmed in general



Outline

- Struggling with *Lectures/Quizzes*
- Struggling with *Homework*
- Struggling with the *Project*
- Overwhelmed in general



Struggling with Lectures/Quizzes

- Rewatch the Lectures
- Watch/attend the corresponding recitations to get a practical insight of the concepts covered during the week
- Google the content/review notes in textbook
- Ask Piazza questions under the corresponding thread (or make a private post if necessary)
- If you need clarification on what the question is asking, discuss with study group (read syllabus for collaboration policies)
- Attend office hours
- Reach out to your study group TA mentor
- Contact the TAs or Prof. Bhiksha for individualized assistance



Outline

- Struggling with *Lectures/Quizzes*
- Struggling with *Homework*
- Struggling with the *Project*
- Overwhelmed in general



Struggling with Homework

- ***START HOMEWORK EARLY.*** Cannot emphasize this enough - it is unlikely that you will finish in time if you start even 1.5 weeks before the deadline
- Read the write-up ***THOROUGHLY*** and rewatch HW bootcamp/lectures/recitations on content you are not understanding
- Read/ask piazza questions under corresponding HW thread, or make a private post if necessary (model suggestions from TAs can be really helpful)
- Collaborate with study group and regularly talk with your study group TA mentor
- Attend Office Hours
- For P2s, if the performance is not reaching baseline after significant attempts (10+ hours of work), contact TAs or Prof. Bhiksha for individualized assistance



Outline

- Struggling with *Lectures/Quizzes*
- Struggling with *Homework*
- Struggling with the *Project*
- Overwhelmed in general



Struggling with the Project

- *Not for 11485*
- First thing to do is contact your project mentor (TA or external)
- If you face a block in the pipeline and cannot figure out the next step, have a brainstorming session with your mentor or even Prof. Bhiksha to get some new ideas
- Its *OKAY* if the results are not as expected
 - Obtaining publishable results in a matter of 2 months is very difficult. Research is not just about succeeding to find solutions. Failures are also valid results
 - We value the effort that you have put in and see if you have tried something extra apart from what's taught during the course



Outline

- Struggling with *Lectures/Quizzes*
- Struggling with *Homework*
- Struggling with the *Project*
- Overwhelmed in general



Overwhelmed in general: Things you can do

- It's completely normal for a Deep Learning student or any student at CMU. When you are feeling overwhelmed, just



Overwhelmed in general: What you can do

- It's completely normal for a Deep Learning student or any student at CMU. When you are feeling overwhelmed, just

Breathe, close your laptop and take a break

- Do something which gives you joy. Find something that excites you. For me, I play music and regularly go to the jam room in CMU to chill out
 - Find your passion and try to have a balance with your academics
- People are more productive when they take breaks in-between work
- Try to get a good amount of sleep. It's very important

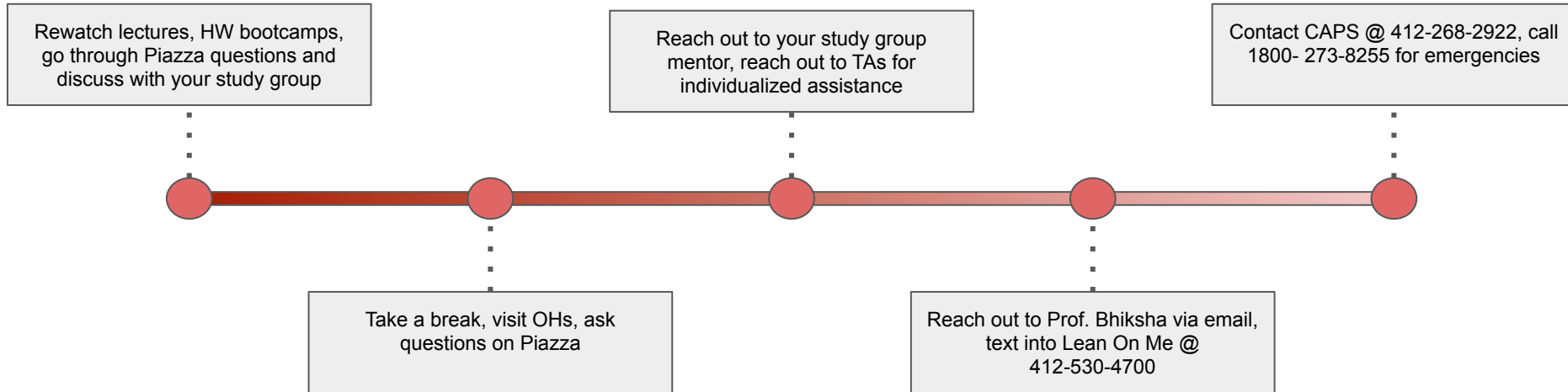


Overwhelmed in general: What you have

- Collaborate and talk with your study group - they might be able to help you with whatever you're struggling with
- Talk to your study group mentor. We promise not to judge you if you need help. Remember that our main focus is to help you complete this course as smooth as possible - you are not alone
- Talk to Prof. Bhiksha - He is very accommodating and understanding
- Text into *Lean On Me @ CMU*: 412-530-4700: Online hotline where you get counselling from your own peers and its anonymous
- Contact [CAPS](#): 412-268-2922
- If it's an emergency, call 1800-273-8255



Summary



We suggest saving this document and the current slide for future reference.



It is completely normal to feel overwhelmed in
this course.

But we are here for you :)

All the best and welcome to this amazing course